

THIRD SUNDAY IN LENT
St. John's Episcopal Church, Ithaca NY
March 15, 2020 Year A
10:30 AM

* Indicates please stand
All hymns will be found in the blue Hymnal.

PRELUDE Three Chorale Preludes from *Orgelbüchlein* J. S. Bach 1685-1750

***PROCESSIONAL HYMN** The glory of these forty days (Erhalt uns, Herr) **HYMNAL #143**

***OPENING ACCLAMATION** **BCP 355**

***COLLECT FOR PURITY**

***KYRIE** **HYMNAL #S-95**

***THE COLLECT OF THE DAY**

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE FIRST LESSON **EXODUS 17:1-7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.
Thanks be to God.

PSALM 95

Venite, exultemus

- 1 Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, *
and a great King above all gods.

- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

THE EPISTLE READING

ROMANS 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.
Thanks be to God.

*SEQUENCE HYMN I heard the voice of Jesus say (The Third Tune) HYMNAL #692 vs. 1-2

*THE GOSPEL READING

JOHN 4:5-42

The Holy Gospel of our Lord Jesus Christ according to .
Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.
Praise to you, Lord Christ.

***SEQUENCE**

I heard the voice of Jesus say (The Third Tune)

HYMNAL #692 vs. 3

THE SERMON

THE REV. MEGAN CASTELLAN

***THE PRAYERS OF THE PEOPLE**

Come, let us adore Christ, who refreshes us with springs of living water and calls us to be a people of prayer and thanksgiving, as we respond, “Kyrie eleison.”

+ For the Church throughout the world, that all who lead the people of God during the present age may have courage to endure the disputes and sufferings of our time, and to have the vision to see the places in which God is revealing his presence in our midst; let us pray.

Kyrie eleison.

+ That we may not fear those whose ways are destructive to society, or who condemn the faith we cherish, or who commit acts which grieve the heart of Christ, that instead we may extend the hand of charity to all people, and witness to the power of transforming love; let us pray.

Kyrie eleison.

+ For leaders of government, that they may drink from the waters of holy peace and bring to the world’s peoples the hope of a new and more prosperous life; let us pray.

Kyrie eleison.

+ That we may extend the lamp of charity to all whom we have harmed and to all who have brought darkness to our souls, knowing that all have fallen short of God’s glory, and that all are invited into a redeemed and grace-filled life; let us pray.

Kyrie eleison.

+ For Christians throughout the world who are offering their finest gifts of bread and wine on the Sabbath day, that through the power of the Holy Spirit, the Body and Blood of Christ will be received across every distinction of race, class, and nationality; let us pray.

Kyrie eleison.

+ For an ever-deepening sense of God’s presence in all our lives, but most especially in those who will receive rites of initiation this Easter season; let us pray.

Kyrie eleison.

+ For all who have died in the hope of the resurrection, and those whose faith is known to God alone; let us pray.

Kyrie eleison.

Confident that we are all within reach of the saving embrace of Jesus, let us continue our prayers. For the special needs and concerns of this congregation, and especially for:

Wes	Jean	Susan	Joan	CeCe	Eizabeth	Richard
Dhara	Julee	Lorraine	Edith	Libby	John	Kathleen
Theodore	Paul	Louis	Kay			

For those celebrating the anniversary of their birth this week: Christopher Henry, Travis Jones, Ed Siemon

CONFESSION OF SIN

***THE PEACE**

ANNOUNCEMENTS & WELCOME

OFFERTORY SENTENCE

OFFERTORY ANTHEM

Sweet Spirit, comfort me

Crawford R. Thoburn, 2018

In the hour of my distress,
When temptations me oppress,
And when I my sins confess:
Sweet Spirit, comfort me.

When I lie within my bed,
Sick in heart and sick in head,
And with doubts discomforted:
Sweet Spirit, comfort me.

When, God knows, I'm toss'd about
Either with despair or doubt;
Yet before the glass be out:
Sweet Spirit, comfort me.

When the Judgment is reveal'd,
And that open'd which was seal'd,
When to Thee I have appeal'd:
Sweet Spirit, comfort me.

[Robert Herrick, 1647]

- *PRESENTATION HYMN** Come, thou fount of every blessing (Nettleton) **HYMNAL #686**
- *THE GREAT THANKSGIVING** Eucharistic Prayer B **Expansive Language Booklet**
- *SURSUM CORDA** **HYMNAL #S-120**
- *SANCTUS** **HYMNAL #S-113**
- AGNUS DEI** **HYMNAL #S-157**

THE COMMUNION OF THE PEOPLE

All people are invited to the Lord's Table. Traditionally, people are baptized before they receive communion for the first time. If you would like to be baptized, please talk to Mtr. Megan. Gluten free wafers are available upon request.

- COMMUNION HYMN** Shepherd of souls, refresh and bless (St. Agnes) **HYMNAL #343**

POST COMMUNION PRAYER

BLESSING

- *RECESSIONAL** Lead us, heavenly Father, lead us (Dulce Carmen) **HYMNAL #559**

DISMISSAL

POSTLUDE

LITURGICAL MINISTERS Jennifer Amburg, Peg Coleman, Matthew Stedinger

ACOLYTES Amber Massa, Matthew Stedinger

This week's Altar Flowers are given by a parishioner who wishes to remain anonymous.

St. John's extends a warm welcome to visitors!
May you experience the Lord's presence during worship. Please fill out a visitor card and place it in the offering plate and stay for coffee in the parish hall after the service.

Birthdays March 15- 21, 2020

Christopher Henry, Travis Jones, Ed Siemon

ITHACA KITCHEN CUPBOARD SUPPLY NEEDS

April 5 Non Perishable food items
March 15 Personal Hygiene items

SINGERS WELCOME to join with our Parish Choir on a seasonal basis, for Lent, Holy Week and Easter! Speak with Karen our music director after services, or contact her through the church office. More info, repertoire lists and videos may be accessed at <https://stjohnsithaca.org/music>.

CONFIRMATION CLASSES Sundays through May 3rd at 2 pm, we are having a class for all who wish to be confirmed, be received officially into the Episcopal Church, make an adult affirmation of their baptism, or otherwise brush up on their Episcopalian knowledge. The classes are appropriate for all ages. Contact Mtr. Megan for more details. The syllabus for the classes is on the bulletin board in the hall.

REFLECTIONS ON THE 2020 HOLY LAND TRIP TODAY after the 10:30 service Mtr. Megan will share stories and photographs from the trip to the Holy Land.

THE BISHOP IS COMING On Palm Sunday, April 5th, The Rt. Rev. Dr. DeDe Duncan -Probe will be joining us on her official parish visit. She will be here for both services and coffee hours. Let Sara Van Looy, Pam Talbott or the office know if you can help with the coffee hours!

WEDNESDAY LENTEN SERIES: Reconsidering the Bible On Wednesday evenings during Lent we will gather for a simple soup and bread supper, then move into the church for a series of discussions on what the Bible actually says, and what it doesn't, and how the Bible has been read in the Episcopal tradition. 6:30 pm March 4- April 9.

DIGNITY DRIVE The personal items pantry in Laundry Love has need of bar soaps, cleaning and disinfecting supplies. We want to be sure that our Loaves & Fishes guests have the means to keep themselves healthy during the current health crisis. There is a specially marked bin in the narthex.

EPF PRAYER FOR MARCH With our Sisters and Brothers at Epiphany, Trumansburg, and St. Thomas, Slaterville, we offer prayers for women during this Women's History Month:

Bless, O Lord, all women whose work and lives contribute to our church and society. Bless the teachers, doctors, researchers, nurses, law enforcers, politicians, mothers, lawyers, homemakers, priests, ministers, engineers, professors, authors, composers, care workers, artists, women in every field working for a better world.

We offer prayers for women, and acknowledge the injustice women suffer and their struggles to make their voices heard. We pray for healing for women who have been sexually assaulted, women denied education or the opportunity to express their talents, intellect, and gifts. We ask freedom for those women enslaved or trapped in poverty or trafficked for others' pleasure.

We ask this in the name of Him who treated all persons as gifts of the Father. Amen.



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Office Hours Monday- Thursday 9 AM- 1 PM, 1:30- 4:30 PM

The Rev. Megan Castellan, Rector

Sara Van Looy, Sr. Warden

AnnMarie Hautaniemi, Parish Administrator

Karen A. Hindenlang, Director of Music/Organist

Matthew Sanaker, Jr. Warden

Chuck Merrill, Weekday Sexton

Crawford R. Thoburn, Assisting Conductor

Today	8:00 AM	Holy Eucharist, Rite I
	8:45 AM	Third Sunday Parish Breakfast
	9:15 AM	Adult Forum
	10:30 AM	Holy (Choral) Eucharist, Rite II
	12:00 PM	Balcony Bells Rehearsal
	12:15 PM	Holy Land Presentation
Tuesday	5:30 PM	Mid Week Eucharist
	6:00 PM	Education for Ministry/ Chapman Room
Wednesday	6:30 PM	Lenten Series: Reconsidering the Bible/ Parish House
Thursday	7:00 PM	Chancel Choir Rehearsal