

THE FIRST SUNDAY IN LENT

Service of Antecomunion

St. John's Episcopal Church

Ithaca, NY 14850

February 21, 2021 Year B

<https://stjohnsithaca.org>

Hymns can be found at the end of the bulletin.

Prelude Meditation on *St. Flavian* - David Shelat, 2015

Hymn Lord, who throughout these forty days (*St. Flavian*)

Hymnal # 142

Opening Acclamation

BCP 355

Kyrie

Hymnal # S-91

Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

First Lesson

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

The Word of the Lord.

Thanks be to God.

1 To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

2 Let none who look to you be put to
shame; *
let the treacherous be disappointed in
their schemes.

3 Show me your ways, O Lord, *
and teach me your paths.

4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

5 Remember, O Lord, your compassion
and love, *
for they are from everlasting.

6 Remember not the sins of my youth and
my transgressions; *
remember me according to your love
and for the sake of your goodness,
O Lord.

7 Gracious and upright is the Lord; *
therefore he teaches sinners in his
way.

8 He guides the humble in doing right *
and teaches his way to the lowly.

9 All the paths of the Lord are love and
faithfulness *
to those who keep his covenant and
his testimonies.

Epistle

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

Thanks be to God.

Anthem A Time for All Things - Scottish Folk Tune *Candler*, arr. by Douglas Wagner

To everything there is a season, there is a time for all good things. A time to plant and a time to reap, a time to lose, a time to keep; a time to weep, a time to laugh a time to mourn, a time to dance. To everything there is a season, there is a time for all good things. A time to follow, a time to lead, a time to speak and a time to heed; a time to sleep, a time to wake, a time to give and a time to take. For all the blessings of our God are given us that we might have a time to live and a time to share, a time to love and a time to care. [Text based on Ecclesiastes 3: 1-8]

The Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Sermon**The Rev. Megan Castellan****The Nicene Creed****BCP 358****Prayers of the People: Form III****BCP 387**

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

For the special needs and concerns of our congregation, and especially for:

Wes	Dhara	Theodore	Virginia	Joell	Carol
Jean	Julee	Paul	John	Linda	Jeanne
Susan	Lorraine	Louis	Mary	Mary	Amy
Joan	Edith	Kay	Jimmy	James	Dick
CeCe	Libby	Joyce	Ruth	Lisa	Karen
Elizabeth	John	Sue	June	Keith	Lorraine
Richard	Kathleen	Skip	Clare	Sheila	Kay

For those celebrating the anniversary of their birth this week: Rosemary McKee, Monica Van Fleet

The Lord's Prayer

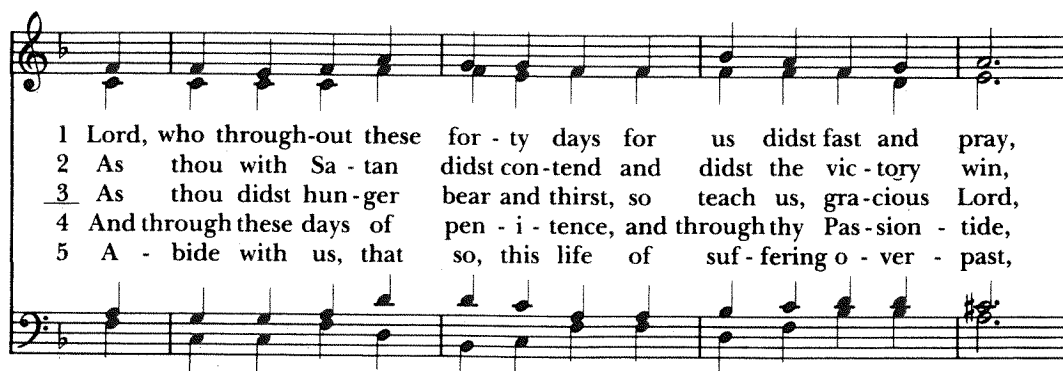
BCP 364

Hymn From God Christ's deity came forth (*Salem Harbor*)

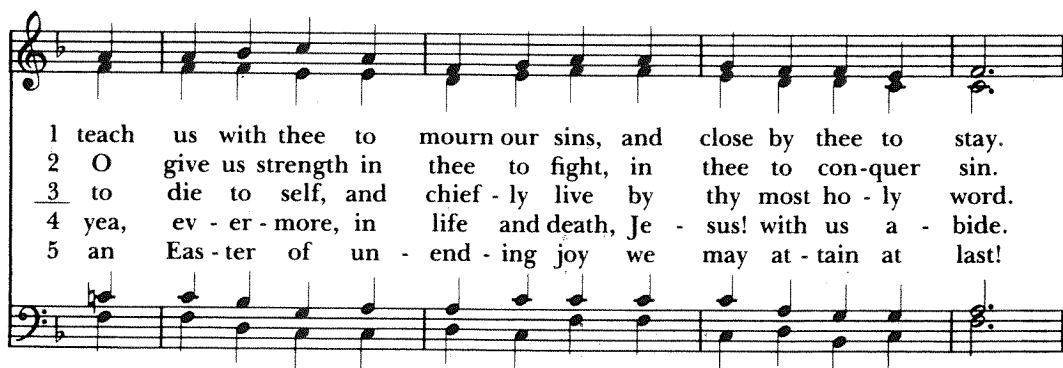
Hymnal # 443

Peace

Dismissal



1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con-tend and didst the vic - tory win,
 3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas-sion - tide,
 5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con-quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898)

Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901)

CM

S 91

The Holy Eucharist I

Lord, have mercy upon us *Kyrie*

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

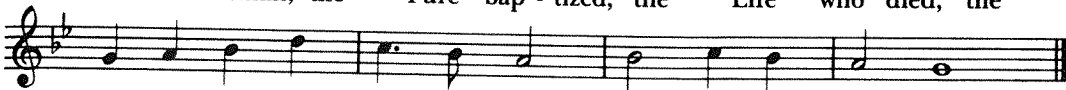
Setting: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968)



1 From God Christ's de - i - ty came forth, his man - hood from hu -
 2 He joined with guests at wed - ding feast, yet in the wil - der -
 3 The dis - so - lute he did not scorn, nor turn from those who
 4 He did not dis - re - gard the sick; to sim - ple ones his
 5 Who then, my Lord, com - pares to you? The Watch - er slept, the



1 man - i - ty; his priest - hood from Mel - chi - ze - dek, his
 2 ness did fast; he taught with - in the tem - ple's gates; his
 3 were in sin; he for the right - eous did re - joice but
 4 word was given; and he de - scend - ed to the earth and
 5 Great was small, the Pure bap - tized, the Life who died, the



1 roy - al - ty from Da - vid's tree: praised be his One - ness.
 2 peo - ple saw him die at last: praised be his teach - ing.
 3 bade the fall - en to come in: praised be his mer - cy.
 4 his work done, went up to heaven: praised by his com - ing.
 5 King a - based to hon - or all: praised be your glo - ry.

Words: Ephrem of Edessa (4th cent.); tr. J. Howard Rhys (b. 1917);
 adapt. and alt. F. Bland Tucker (1895-1984)
 Music: *Salem Harbor*, Ronald Arnatt (b. 1930)

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St. John's Church
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The Rev. Megan Castellan, Rector

Matthew Sanaker, Sr. Warden

Cora Yao, Jr. Warden

AnnMarie Hautaniemi, Parish Administrator

Chuck Merrill, Weekday Sexton

Karen A. Hindenlang, Director of Music/Organist

Crawford R. Thoburn, Assisting Conductor

Office Hours: Monday thru Thursday 10-3

If you need pastoral assistance, or just want to reach out to Mtr. Megan, please call her at 315-757-0251, or e-mail mtrmegan@stjohnsithaca.org.

PICTURES, please! Images sought to accompany our music in worship. Send your photos to the church office; thank you.

CYBER CHOIR continues to serve as we enter Lent. Singers meet weekly on Zoom for 40 minutes, and then record themselves at their convenience with provided accompaniment. Equipment needed: ear buds or head phones and two devices (cell phone, ipad, tablet, laptop or PC), plus an adventurous spirit! Contact Karen through the church office for more info and Zoom Link.

PRAYER LIST Please take a look at the prayer list in the Prayers of the People. If you requested your self or others to be on the list, and the situation has resolved, please let AnnMarie know. Similarly, if you or someone you know needs to stay on the list, let her know that as well. The list will reset March 7th.

If you would like to contribute to our ministries, you may [make a secure donation here](#). Thank you!

Sign up for our weekly newsletter [The Fledgling](#) by contacting the church office.

Please Join Us

Coffee Hour, today at 11:30 on zoom <https://zoom.us/j/91221585167>

Join us for Morning Prayer weekdays at 9:30 on [FaceBook](#) & [YouTube](#).

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