

**SUNDAY AFTER PENTECOST**

**Service of Antecommunion  
St. John's Episcopal Church  
Ithaca, NY 14850**

**February 7, 2021 Year B**

[stjohnsithaca.org](http://stjohnsithaca.org)

Hymns can be found at the end of the bulletin.

**Prelude** Toccatta on *Azmon* (O, for a thousand tongues to sing) - Alfred V. Fedak, 2006

**Hymn:** Just as I am (Woodworth)

**Hymnal # 693**

**Opening Acclamation**

**BCP 355**

**Gloria**

**Hymnal # S-278**

**Collect of the Day**

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

**First Lesson**

**Isaiah 40:21-31**

Have you not known? Have you not heard?  
Has it not been told you from the beginning?  
Have you not understood from the  
foundations of the earth?  
It is he who sits above the circle of the earth,  
and its inhabitants are like grasshoppers;  
who stretches out the heavens like a curtain,  
and spreads them like a tent to live in;  
who brings princes to naught,  
and makes the rulers of the earth as nothing.  
Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,  
when he blows upon them, and they wither,  
and the tempest carries them off like stubble.  
To whom then will you compare me,  
or who is my equal? says the Holy One.  
Lift up your eyes on high and see:  
Who created these?  
He who brings out their host and numbers them,  
calling them all by name;

because he is great in strength,  
mighty in power,  
not one is missing.  
Why do you say, O Jacob,  
and speak, O Israel,  
"My way is hidden from the Lord,  
and my right is disregarded by my God"?  
Have you not known? Have you not heard?  
The Lord is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.  
He gives power to the faint,  
and strengthens the powerless.  
Even youths will faint and be weary,  
and the young will fall exhausted;  
but those who wait for the Lord shall renew their  
strength,  
they shall mount up with wings like eagles,  
they shall run and not be weary,  
they shall walk and not faint.

The Word of the Lord.

*Thanks be to God.*

1 Hallelujah!  
How good it is to sing praises to our God!  
\*  
how pleasant it is to honor him with  
praise!  
2 The Lord rebuilds Jerusalem; \*  
he gathers the exiles of Israel.  
3 He heals the brokenhearted \*  
and binds up their wounds.  
4 He counts the number of the stars \*  
and calls them all by their names.  
5 Great is our Lord and mighty in power; \*  
there is no limit to his wisdom.  
6 The Lord lifts up the lowly, \*  
but casts the wicked to the ground.  
7 Sing to the Lord with thanksgiving; \*  
make music to our God upon the harp.

8 He covers the heavens with clouds \*  
and prepares rain for the earth;  
9 He makes grass to grow upon the  
mountains \*  
and green plants to serve mankind.  
10 He provides food for flocks and herds \*  
and for the young ravens when they cry.  
11 He is not impressed by the might of a  
horse; \*  
he has no pleasure in the strength of a  
man;  
12 But the Lord has pleasure in those who  
fear him, \*  
in those who await his gracious favor.  
21 Hallelujah!

**Epistle**

**1 Corinthians 9:16-23**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord.  
*Thanks be to God.*

**Gospel**

**Mark 1:29-39**

The Gospel of our Lord Jesus Christ according to Mark.  
*Glory to you, Lord Christ.*

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.  
*Praise to you, Lord Jesus Christ.*

**Sermon**

**The Rev. Megan Castellan**

**The Nicene Creed**

**BCP 358**

**Prayers of the People: Form III**

**BCP 387**

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest.  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

For the special needs and concerns of our congregation, and especially for:

Wes	Julee	Louis	Jimmy	Lisa	Lorraine
Jean	Lorraine	Kay	Ruth	Keith	Kay
Susan	Edith	Joyce	June	Shella	Kristina
Joan	Libby	Sue	Clare	Carol	
CeCe	John	Skip	Joell	Jeanne	
Elizabeth	Kathleen	Virginia	Linda	Amy	
Richard	Theodore	John	Mary	Dick	
Dhara	Paul	Mary	James	Karen	

For those celebrating the anniversary of their birth this week:  
Muriel Everhart, Stephen Miller, Peg Coleman, Susan Dunlop

**The Lord's Prayer**

**BCP 364**

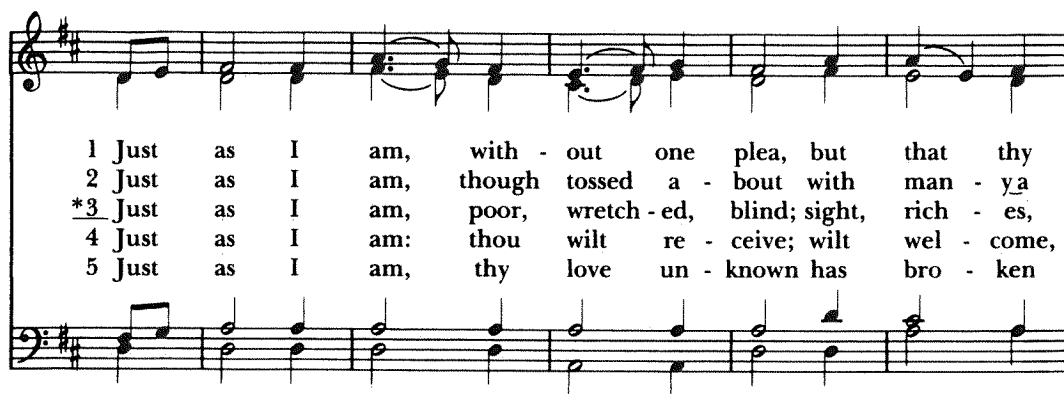
**Hymn:** O for a thousand tongues to sing (Azmon)

**Hymnal # 493**

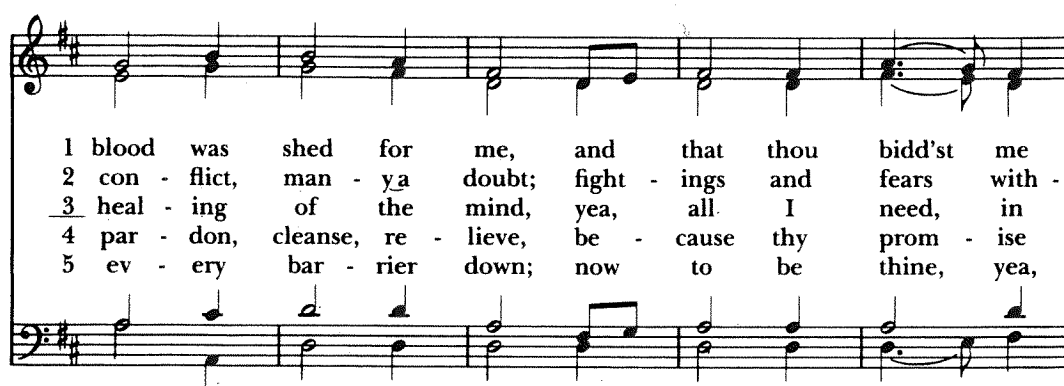
**Peace**

**Dismissal**

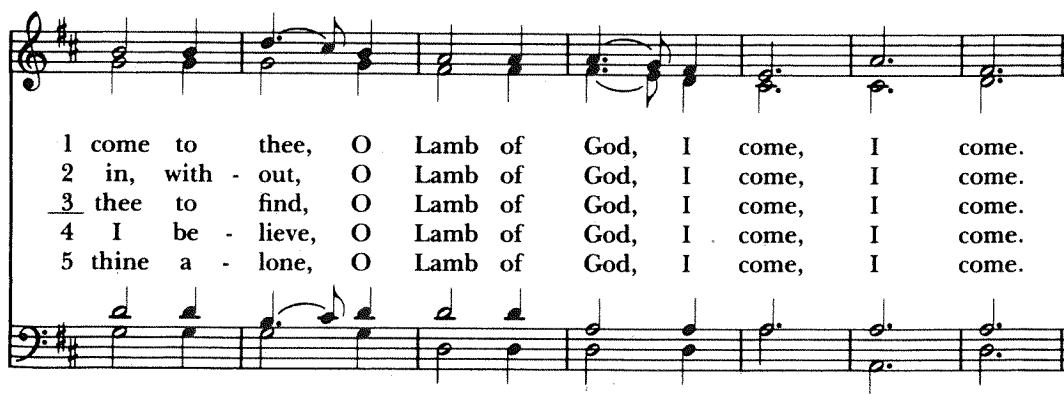
**Postlude** Meditations on *Woodworth* (Just as I am) - Charles Callahan, 2006



1 Just as I am, with - out one plea, but that thy  
 2 Just as I am, though tossed a - bout with man - ya  
 \*3 Just as I am, poor, wretch - ed, blind; sight, rich - es,  
 4 Just as I am: thou wilt re - ceive; wilt wel - come,  
 5 Just as I am, thy love un - known has bro - ken



1 blood was shed for me, and that thou bidd'st me  
 2 con - flict, man - ya doubt; fight - ings and fears with -  
 3 heal - ing of the mind, yea, all I need, in  
 4 par - don, cleanse, re - lieve, be - cause thy prom - ise  
 5 ev - ery bar - rier down; now to be thine, yea,



1 come to thee, O Lamb of God, I come, I come.  
 2 in, with - out, O Lamb of God, I come, I come.  
 3 thee to find, O Lamb of God, I come, I come.  
 4 I be - lieve, O Lamb of God, I come, I come.  
 5 thine a - lone, O Lamb of God, I come, I come.

6 Just as I am, of thy great love  
 the breadth, length, depth, and height to prove,  
 here for a season, then above:  
 O Lamb of God, I come, I come.

Words: Charlotte Elliott (1789-1871)

Music: Woodworth, William Batchelder Bradbury (1816-1868)

LM

Glory to God *Gloria in excelsis*

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
 might - y God and Fa - ther, we wor - ship you, we give you thanks, we  
 praise you for your glo - ry. 3. Lord Je - sus Christ,  
 on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy on us;  
 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For  
 you a - lone are the Ho - ly One, you a - lone are the Lord,  
 7. you a - lone are the Most High, Je - sus Christ, with the  
 Ho - ly Spi - rit, in the glo - ry of  
 God the Fa - ther. A - - - men.

Setting: William Mathias (b. 1934)

# Jesus Christ our Lord

493

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;  
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
5 Hear him, ye deaf; ye voice - less ones, your loos-ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!  
2 and spread through all the earth a - broad the hon - ors of thy Name.  
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.  
4 the mourn-ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
be now and ever given  
by saints below and saints above,  
the Church in earth and heayen.

Words: Charles Wesley (1707-1788), alt.

Music: Azmon, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872)

CM



St. John's Church

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**The Rev. Megan Castellan, Rector**

Matthew Sanaker, Sr. Warden

AnnMarie Hautaniemi, Parish Administrator

Karen A. Hindenlang, Director of Music/Organist

Cora Yao, Jr. Warden

Chuck Merrill, Weekday Sexton

Crawford R. Thoburn, Assisting Conductor

Office Hours: Monday thru Thursday 10-3

If you need pastoral assistance, or just want to reach out to Mtr. Megan, please call her at 315-757-0251, or e-mail [mtrmegan@stjohnsithaca.org](mailto:mtrmegan@stjohnsithaca.org).

**SINGERS** from our parish — both local and online! — are invited to join in Cyber Choir as we prepare offerings for upcoming services. For more info, contact our music director through the church office.

**PHOTOS** to accompany instrumental Preludes and Postludes in streamed worship are welcome additions to our services. Please forward images of interest to the church office; thank you!

**ASH WEDNESDAY** (February 17) we will have "drive through" ashes distribution from 2-4 in the parking lot, and a live streamed service at 7 pm.

If you would like to contribute to our ministries, you may [make a secure donation here](#). Thank you!

Sign up for our weekly newsletter [The Fledgling](#) by contacting the church office.

**Please Join Us**

Coffee Hour, today at 11:30 on zoom <https://zoom.us/j/91221585167>

Join us for Morning Prayer weekdays at 9:30 on [FaceBook](#) & [YouTube](#).

**One License # A - 724223**