

**FOURTH SUNDAY AFTER PENTECOST**

**Proper 7**

St. John's Episcopal Church, Ithaca NY

June 20, 2021 Year B

**10:30 AM**

\* Indicates please stand

**Prelude** *Two Welsh Hymn Tune Settings* — *Wilbur Held (1914-2015)*

**\*Hymn Jesus, lover of my soul, (Aberystwyth)**

**Hymnal # 699 omit vs. 3**

**\*Opening Acclamation**

Blessed be God: Father, Son, and Holy Spirit.

*And blessed be his kingdom, now and forever. Amen*

**\*Collect for Purity**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

**\*Gloria**

**Hymnal # S-278**

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand  
of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father, Amen.

**\*The Collect of The Day**

The Lord be with you.

*And also with you.*

Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your lovingkindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## The First Lesson

1 Samuel 17:57-18:5, 10-16

On David's return from killing the Philistine, Abner took him and brought him before Saul, with the head of the Philistine in his hand. Saul said to him, "Whose son are you, young man?" And David answered, "I am the son of your servant Jesse the Bethlehemite."

When David had finished speaking to Saul, the soul of Jonathan was bound to the soul of David, and Jonathan loved him as his own soul. Saul took him that day and would not let him return to his father's house. Then Jonathan made a covenant with David, because he loved him as his own soul. Jonathan stripped himself of the robe that he was wearing, and gave it to David, and his armor, and even his sword and his bow and his belt. David went out and was successful wherever Saul sent him; as a result, Saul set him over the army. And all the people, even the servants of Saul, approved.

The next day an evil spirit from God rushed upon Saul, and he raved within his house, while David was playing the lyre, as he did day by day. Saul had his spear in his hand; and Saul threw the spear, for he thought, "I will pin David to the wall." But David eluded him twice.

Saul was afraid of David, because the Lord was with him but had departed from Saul. So Saul removed him from his presence, and made him a commander of a thousand; and David marched out and came in, leading the army. David had success in all his undertakings; for the Lord was with him. When Saul saw that he had great success, he stood in awe of him. But all Israel and Judah loved David; for it was he who marched out and came in leading them.

The Word of the Lord.  
*Thanks be to God.*

## Psalm 133

Ecce, quam bonum!

- 1 Oh, how good and pleasant it is, \*  
when brethren live together in unity!
- 2 It is like fine oil upon the head \*  
that runs down upon the beard,
- 3 Upon the beard of Aaron, \*  
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon \*  
that falls upon the hills of Zion.
- 5 For there the Lord has ordained the blessing: \*  
life for evermore.

## The Epistle Reading

2 Corinthians 6:1-13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says,

"At an acceptable time I have listened to you,  
and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see--we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.

The Word of the Lord.

*Thanks be to God.*

**\*The Gospel Reading**

**Mark 4:35-41**

The Holy Gospel of our Lord Jesus Christ according to Mark

*Glory to you, Lord Christ.*

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

The Gospel of the Lord.

*Praise to you, Lord Christ.*

**The Sermon**

**The Rev. Megan Castellan**

**\*The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius  
Pilate;  
he suffered death and was buried.

He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver  
of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped  
and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic  
Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**\*The Prayers of the People**

Let us commend ourselves to God in every way as we offer our prayers and thanksgivings, responding to each petition by saying, "Lord, hear our prayer."

+ That we may be a community of service, joining with Jesus in reaching out to our neighbor, reflecting his saving and transforming ministry; let us pray to the Lord.

*Lord, hear our prayer.*

+ For Michael, our Presiding Bishop, and DeDe, Bishop of our diocese, that we may honor their episcopal and apostolic ministry and join with them in shepherding humanity to fields that yield a fruitful harvest for all people; let us pray to the Lord.

*Lord, hear our prayer.*

+ That peace may flow throughout the nations of the world, bringing freedom and opportunity to the oppressed of all nations; let us pray to the Lord.

*Lord, hear our prayer.*

+ That a holiness of spirit may prevail amongst the members of our churches, so that humility may override ambition and power, and the good of the common life be honored over the desire for personal gain; let us pray to the Lord.

*Lord, hear our prayer.*

+ For young people during these summer months, that through play and study, work and travel, their curiosity for life may be aroused, and a sense of wonderment spring forth from their hearts and minds; let us pray to the Lord.

*Lord, hear our prayer.*

+ For those who have given their life on the battlefield of war, that they and all the faithful departed, through the mercy of God, may rest in peace; let us pray to the Lord.

*Lord, hear our prayer.*

Christ has overcome our fear, so that in confidence we may continue our prayers.

For the special needs and concerns of this congregation, and especially for:

Theodore	Kathryn	Laura	Alan	Pat
Dhara	Wes	Martha	Sara	Jerry
Lorraine	Susan	Mary	Suzy	Cecil
Loraine	Joan	James	Skip	Edith
Lucy	Jean	Jay	Hattye	Shirley
Carol	James	Terry	Elaine	Donald

For those celebrating the anniversary of their birth this week:

Penny Ciccone, Jesse Richardson, Roy Ives, Mary Arlin

God of our Wandering Ancestors,  
Long have we known  
That your heart is with the refugee:  
That you were born into time  
In a family of refugees  
Fleeing violence in their homeland,  
Who then gathered up their hungry child  
And fled into alien country.  
Their cry, your cry, resounds through the ages:  
“Will you let me in?”  
Give us hearts that break open  
When our brothers and sisters turn to us  
with that same cry.  
Then surely all these things will follow:  
Ears will no longer turn deaf to their voices.

Eyes will see a moment for grace instead of a threat.  
Tongues will not be silenced but will instead advocate.  
And hands will reach out—  
working for peace in their homeland,  
working for justice in the lands where they seek safe haven.  
Lord, protect all refugees in their travels.  
May they find a friend in us  
And so make us worthy  
Of the refuge we have found in you. AMEN

### **Confession of Sin**

Let us confess our sins against God and our neighbor.

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **\*The Peace**

**Please remain in your pew. Wave!**

The peace of the Lord be always with you.  
*And also with you.*

### **Announcements & Welcome**

### **Offertory Sentence**

**\*Offertory Hymn** *Holy Ghost, dispel our sadness (Geneva)*

*St. John's Cyber Choir Hymnal # 515*

### **\*The Great Thanksgiving**

**Expanded Language Prayer A**

**Celebrant:** The Lord be with you.

**People:** And also with you

**Celebrant:** Lift up your hearts

**People:** We lift them to the Lord

**Celebrant:** Let us give thanks to the Lord our God.

**People:** It is right to give our thanks and praise.

**Celebrant:** *continuing:* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

## Holy, holy, holy (Sanctus)

Hymnal # S-130

Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest

Holy and gracious God: In your infinite love you made us for yourself; And when we had fallen into sin and became subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, To share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our savior Jesus Christ took bread; And when he had given thanks to you, He broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said "Drink this, all of you: This is my Blood of the new covenant, which is shed for you and for many for the forgiveness of sins. whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

**Christ has died**

**Christ is risen**

**Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament,

And serve you in unity, constancy, and peace; and at the last day, bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever.

**Amen.**

**The Lord's Prayer**

**Fraction**

**Lamb of God (*Agnus Dei*)**

Hymnal # S-164

**The Lord's Prayer**

**The Communion of the People**

*All people are invited to the Lord's Table. During the covid-19 pandemic, and in accordance with diocesan guidelines, Eucharist will be distributed in the form of the bread. Please come forward in a single line in the center isle, to receive. Wait to remove your mask until you return to your seat, and then replace it after consuming the Sacrament.*

## **Post Communion Prayer**

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## **Blessing**

**\*Hymn Eternal Father, strong to save, (Melita)**

**Hymnal # 608 omit vs. 3**

## **Dismissal**

**Postlude *Harlech* — arr. by Wilbur Held (1914-2015)**

**Liturgical Ministers Josette Garrison, Peg Coleman, Sally Clayton**

**Many Thanks** to all the brave singers who participated in Cyber Choir, which began just over one year ago! While the singers take a break from rehearsing and recording, their offerings will continue to enrich our worship this summer.

1 Je - sus, Lov - er of my soul, let me to thy bos - om  
2 O - ther ref - uge have I none, hangs my help - less soul on

fly, while the near - er wa - ters roll, while the tem - pest  
thee; leave, ah! leave me not a - lone, still sup - port and

still is high: hide me, O my Sa - vior, hide,  
com - fort me! All my trust on thee is stayed;

till the storm of life be past; safe in - to the  
all my help from thee I bring; cov - er my de -

ha - ven guide, O re - ceive my soul at last.  
fense - less head with the sha - dow of thy wing.



Glory to God *Gloria in excelsis*

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
 mighty God and Fa - ther, we wor - ship you, we give you thanks, we  
 praise you for your glo - ry. 3. Lord Je - sus Christ,  
 on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy on us;  
 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For  
 you a - lone are the Ho - ly One, you a - lone are the Lord,  
 7. you a - lone are the Most High, Je - sus Christ, with the  
 Ho - ly Spi - rit, in the glo - ry of  
 God the Fa - ther. A - - - men.

Setting: William Mathias (b. 1934)

## SANCIUS

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and  
might. Ho - ly, ho - ly, ho - ly Lord,  
God of pow'r and might. Heav - en and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est, ho - san - na in the  
high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the  
high - est, ho - san - na in the high - est.

Music: *Deutsche Messe*, Franz Schubert, 1797-1828; adapt. by Richard Proulx, © 1985, 1989, GIA Publications, Inc.

## AGNUS DEI

Je - sus, Lamb of God, have mer - cy on us.  
Je - sus, Bear - er of our sins, have mer - cy on us.  
Je - sus, Re - deem - er, Re - deem - er of the world,  
give us your peace, give us your peace.

Music: *Deutsche Messe*, Franz Schubert, 1797-1828, adapt. by Richard Proulx, © 1985, 1989, GIA Publications, Inc.

# The Holy Spirit

515



1 Ho - ly Ghost, dis - pel our sad - ness; pierce the clouds of  
 2 Au - thor of the new cre - a - tion, come with unc - tion



na - ture's night; come, thou source of joy and glad - ness,  
 and with power. Make our hearts thy ha - bi - ta - tion;



breathe thy life, and spread thy light. From the height which  
 with thy grace our spi - rits shower. Hear, oh, hear our



knows no mea - sure, as a gra - cious shower de - scend,  
 sup - pli - ca - tion, bless - ed Spi - rit, God of peace!



bring - ing down the rich - est trea - sure we can wish, or God can send.  
 Rest up - on this con - gre - ga - tion, with the full - ness of thy grace.

Words Paul Gerhardt (1607-1676); tr. John Christian Jacobi (1670-1750), alt.  
 Music: Geneva, George Henry Day (1883-1966)

87. 87. D

1 E - ter - nal Fa - ther, strong to save, whose arm hath bound the  
 2 O Christ, whose voice the wa - ters heard and hushed their ra - ging  
 4 O Trin - i - ty of love and power, thy chil - dren shield in

rest - less wave, who bidd'st the might - y o - cean deep its  
 at thy word, who walk - edst on the foam - ing deep, and  
 dan - ger's hour; from rock and tem - pest, fire and foe, pro -

own ap - point - ed lim - its keep: O hear us when we  
 calm a - mid its rage didst sleep: O hear us when we  
 tect them where - so - e'er they go; thus ev - er - more shall

cry to thee for those in per - il on the sea.  
 cry to thee for those in per - il on the sea.  
 rise to thee glad hymns of praise from land and sea.

Words: William Whiting (1825-1878), alt.  
 Music: *Melita*, John Bacchus Dykes (1823-1876)

88. 88. 88



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**Office Hours** Monday thru Thursday 10-3

**The Rev. Megan Castellan, Rector**

Matthew Sanaker, Sr. Warden

AnnMarie Hautaniemi, Parish Administrator

Karen A. Hindenlang, Director of Music/Organist

Cora Yao, Jr. Warden

Chuck Merrill, Weekday Sexton

Crawford R. Thoburn, Assisting Conductor

If you need pastoral assistance, or just want to reach out to Mtr. Megan, please call her at 315-757-0251, or e-mail [mtrmegan@stjohnsithaca.org](mailto:mtrmegan@stjohnsithaca.org).

If you would like to contribute to our ministries, you may [make a secure donation here](#). Thank you!

Sign up for our weekly newsletter [The Fledgling](#) by contacting the church office.

**Please Join Us**

Coffee Hour, today after the service on zoom <https://zoom.us/j/91221585167>

Join us for Morning Prayer weekdays at 9:30 on [FaceBook](#) & [YouTube](#).

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