

FIRST SUNDAY IN LENT
St. John's Episcopal Church, Ithaca NY
March 6, 2022 Year C
10:30 AM

* Indicates please stand

Prelude *Ich ruf zu dir, Herr Jesu Christ* (I call to Thee, Lord Jesus Christ)

David Schelat, 2015

***The Great Litany**

O God the Father, Creator of heaven and earth,
Have mercy upon us

O God the Son, Redeemer of the world,
Have mercy upon us.

O God the Holy Spirit, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.

Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil, *Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,
Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of St John all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Grant us thy peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

***The Collect of the Day**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The First Lesson

Deuteronomy 26:1–11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of the Lord.

Thanks be to God.

Psalm 91:1–2, 9–16

Qui habitat

1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

2 He shall say to the Lord,
"You are my refuge and my stronghold, *
my God in whom I put my trust."

9 Because you have made the Lord your refuge, *
and the Most High your habitation,

10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.

11 For he shall give his angels charge over you, *
to keep you in all your ways.

12 They shall bear you in their hands, *
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.

14 Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.

16 With long life will I satisfy him, *
and show him my salvation.

The Epistle Reading

Romans 10:8b–13

"The word is near you,
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

The Word of the Lord.
Thanks be to God.

*The Gospel Reading

Luke 4:1–13

The Holy Gospel of our Lord Jesus Christ according to Luke.
Glorify to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,
to protect you,'

and

'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.
Praise to you, Lord Christ.

The Sermon

Matthew Sanaker

*The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,

eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin
 Mary,
 and was made man.
For our sake he was crucified under Pontius
 Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
 and is seated at the right hand of the
 Father.

He will come again in glory to judge the living
 and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver
 of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and
 glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic
 Church.
We acknowledge one baptism for the forgiveness
 of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

***The Prayers of the People**

Let us pray to God, who summons us into the wilderness, that we may draw nearer to his presence, responding to each petition by saying, "Lord, have mercy."

+ For the courage to face our own demons of confusion, desolation and darkness, and for the faith and strength to put them to flight; let us pray to the Lord.

Lord, have mercy.

+ For those preparing for rites of initiation: baptism, confirmation and the reaffirmation of baptismal vows, and for their sponsors, that they may confess with their lips and in their lives that Jesus is Lord; let us pray to the Lord.

Lord, have mercy.

+ For respect for the dignity of every human being, never tempting others with things that are harmful, but offering gifts that will draw them more closely into the heart of Christ; let us pray to the Lord.

Lord, have mercy.

+ For the Church, for Michael, our Presiding Bishop, DeDe, Bishop of this diocese, and all who exercise leadership in the Name of Christ, that they may proclaim with boldness that he is the source of our salvation; let us pray to the Lord.

Lord, have mercy.

+ For the innocent victims of evil: the abused, the abandoned, those who do not receive just wages, children who are bullied, and all who are targeted by hatred; let us pray to the Lord.

Lord, have mercy.

+ In thanksgiving for those whose generosity enables the poor to hope, and the Church to exercise a fruitful ministry to those outside its walls; let us pray to the Lord.

Lord, have mercy.

+ For those who have died in the hope of the resurrection, and those whose faith is known to you alone; let us pray to the Lord.

Lord, have mercy.

With God's angels to protect us and guide us on the path to holiness, let us continue our prayers, either silently or aloud.

For the special needs and concerns of this congregation, and especially for:

Dave	Wes	Laurie	Tina	Jon	Lorraine
Amelia	Jean	Theodore	Carl	James	Cece
Mary	Vivian	Margaret	Jennifer	Jonathan	Dean
Tom	Sarah	Elaine	Ovie	Paula	Bridget
Giovanni	Felice	Pat	Stanley	Carol	Maura
Cindy	Edith	Heather	Carol	Lorraine	the Shea
Dan	Joan	Judy	Sara	George	family

For those celebrating the anniversary of their birth this week:

Brian Richardson, Mary Yapple, Shannon Dortch, John Jackson, Gabriel Miller, Nancy Ives,
Sherry Smart

Confession of Sin

Let us confess our sins against God and our neighbor.

*Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

*The Peace

Please remain in your pew. Wave!

The peace of the Lord be always with you.

And also with you.

Announcements & Welcome

Offertory Sentence

Offertory Anthem *Consider*

Roland E. Martin, 2015

Consider

The lilies of the field whose bloom is brief:—
we are as they; like them we fade away,
as doth a leaf.

Consider

The sparrows of the air of small account:
our God doth view whether they fall or mount,—
he guards us too.

Consider

The lilies that do neither spin nor toil,
yet are most fair:— what profits all this care
and all this coil?

Consider

The birds that have no barn nor harvest-weeks;
God gives them food:— much more our Father seeks
to do us good.

[Christina Rossetti, 1830-1894]

* **Hymn** Lord, who throughout these 40 days (*St. Flavian*)

Hymnal #142

* **The Great Thanksgiving**

Expanded Language Prayer A

Celebrant: The Lord be with you.

People: And also with you

Celebrant: Lift up your hearts

People: We lift them to the Lord

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: *continuing:* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy (Sanctus)

Hymnal S-114

Holy and gracious God: In your infinite love you made us for yourself; and when we had fallen into sin and became subject to evil and death, you, in your mercy, Sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, He gave it to them, and said "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come again.

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day, bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever.

Amen.

The Communion of the People

All people are invited to the Lord's Table.

Eucharist will be distributed in the form of the bread with wine available for intincture. Please come forward in a single line in the center aisle to receive. Wait to remove your mask until you return to your seat, and then replace it after consuming the Sacrament.

Gluten free wafers are available upon request.

Post Communion Prayer

*Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.*

Hymns
6 March 2022

First Sunday in Lent

Lord, who throughout these forty days
(St. Flavian)
Hymnal #142

1. Lord, who throughout these forty days
for us didst fast and pray,
teach us with thee to mourn our sins
and close by thee to stay.
2. As thou with Satan didst contend
and didst the victory win,
O give us strength in thee to fight,
in thee to conquer sin.
3. As thou didst hunger bear and thirst,
so teach us, gracious Lord,
to die to self, and chiefly live
by thy most holy Word.
4. And through these days of penitence,
and through thy Passiontide,
yea, evermore, in life and death,
Jesus! with us abide.
5. Abide with us, that so, this life
of suffering overpast,
an Easter of unending joy
we may attain at last!

Eternal Lord of love, behold your church
(Old 124th)
Hymnal #149

- 1 Eternal Lord of love, behold your Church
walking once more the pilgrim way of Lent,
led by your cloud by day, by night your fire,
moved by your love and toward your
presence bent:
far off yet here the goal of all desire.
- 2 So daily dying to the way of self,
so daily living to your way of love,
we walk the road, Lord Jesus, that you trod,
knowing ourselves baptized into your death:
so we are dead and live with you in God.
- 3 If dead in you, so in you we arise,
you the first-born of all the faithful dead;
and as though stony ground the green shoots
break,
glorious in spring time dress of leaf and
flower,
so in the Father's glory shall we wake.

Text: © 1982 Thomas H. Cain



St. John's Church

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"Like" us on facebook @ Saint John's Episcopal Church

Office Hours Monday thru Thursday 10–3

The Rev. Megan Castellan, Rector

Cora Yao, Senior Warden

Parish Administrator

Karen A. Hindenlang, Director of Music/Organist

Lynne Walton, Intern

Gwen Freeman, Junior Warden

Chuck Merrill, Weekday Sexton

Crawford R. Thoburn, Assisting Conductor

George E. Damp, Guest Organist

If you need pastoral assistance, or just want to reach out to Mtr. Megan, please call her at 315-757-0251, or e-mail mtrmegan@stjohnsithaca.org.

If you would like to contribute to our ministries, you may make a secure donation at <https://stjohnsithaca.org/donate/>. Thank you!

Sign up for our weekly newsletter The Fledgling by contacting the church office.

Cyber Choir welcomes new participants. For info, see our Director of Music/Organist Karen Hindenlang after the service or contact her through the church office.

Please Join Us: Morning Prayer weekdays at 9:30 on Facebook and YouTube.

Forward Day by Day for February, March, and April is available on the table in the rear of the church.

2022 PLEDGE ENVELOPES, for those who use them, are on the table in the back of the nave. They are sorted alphabetically by last name. Please pick up your envelopes and take them home with you at your earliest convenience. If you do not find your envelopes, or have never had envelopes and wish to begin using them, please contact the parish office: (607) 273-6532 or office@stjohnsithaca.org.

NEWCOMERS: We extend a warm welcome to visitors and newcomers. It is good to have you with us! Please help us get to know you by filling out one of the welcome cards in the pews and placing it on the collection plate or giving it to one of the ushers. LARGE PRINT EDITIONS OF THE SERVICE ARE AVAILABLE IN THE NARTHEX.

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