

The Fifth Sunday after Pentecost

Proper 8

St. John's Episcopal Church, Ithaca NY

2 July 2023 Year A

10:00 AM

* Indicates please stand

Prelude Prelude on Rhosymedre

R. Vaughan Williams (1872-1958)

***Processional Hymn** Awake, my soul, (*Morning*)

Hymnal #11

***Opening Acclamation**

BCP 355

***Collect For Purity**

***Gloria**

Hymnal #S-278

The Collect of the Day

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The First Lesson

Genesis 22:1-14

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So

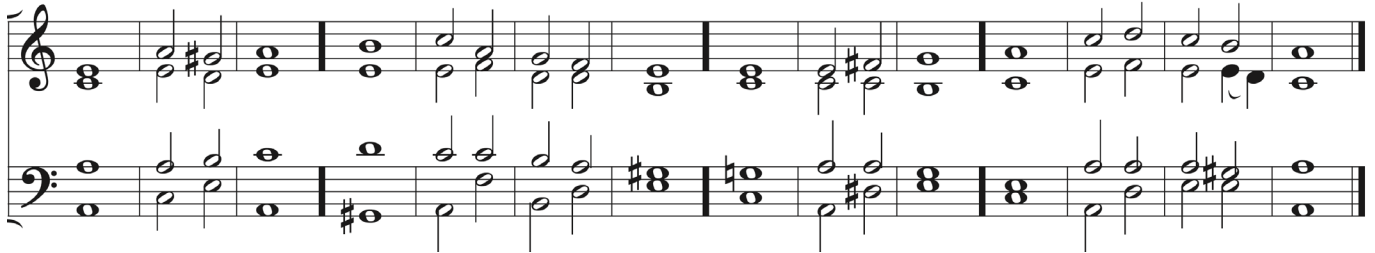
Abraham called that place “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided.”

The Word of the Lord.
Thanks be to God.

Psalm 13

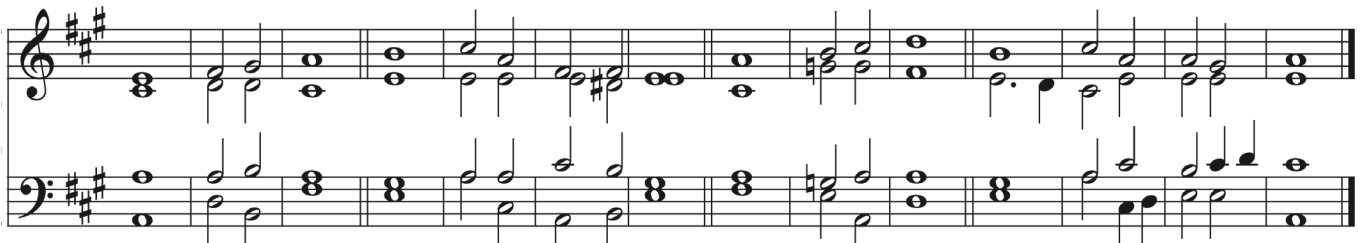
Usquequo, Domine?

Richard Thiele
(1847–1903)



1. How long, O Lord?
will you forget me for ever? *
how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind,
and grief in my heart, day after day? *
how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O Lord my God; *
give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, "I have prevailed over him," *
and my foes rejoice that I have fallen.

John Goss



- 5 But I put my trust | in your | mercy; *
my heart is joyful because | of your | saving | help.
- 6 I will sing to the LORD, for he has dealt | with me | richly; *
I will praise the Name | of the | Lord Most | High.

The Epistle Reading

Romans 6:12-23

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be

to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

The Word of the Lord.

Thanks be to God.

***Sequence** The God of Abraham praise (*Leoni*)

Hymnal # 401

***The Gospel Reading**

Matthew 10:40-42

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Rev. Megan Castellan

***The Nicene Creed**

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin
Mary,
and was made man.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory to judge the
living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

***The Prayers of the People**

We stand before God in awesome fear, as the power of divine grace is revealed through the mystery of word and sacrament. Trusting in his grace, we offer our prayers, responding, "Kyrie eleison."

+ For those who claim the prophetic voice in our generation, that they may be willing to pay the price of their convictions and, like the prophets of old, have their testimony tried in the fires of eternity; let us pray.

Kyrie eleison.

+ That we may respond to the needs of others before we are ready, and give of our bounty when we have yet to be generous, that in the companionship of the apostles we will grow in grace and discover our holiness; let us pray.

Kyrie eleison.

+ For N., our President, that he/she may be given the wisdom to make judicious decisions, seeking the light of the Lord who is the source of all righteousness; let us pray.

Kyrie eleison.

+ For safety and refreshment for those on vacation, that they may relax from their work and be reunited with those they love; let us pray.

Kyrie eleison.

+ That those who eat the Bread and drink the Cup of Jesus' holy sacrifice may bear witness to the Paschal mystery in all its fullness; let us pray.

Kyrie eleison.

+ That the dead may be granted an entrance into the fellowship of the saints; let us pray.

Kyrie eleison.

Enrich our hearts with the gift of hospitality, O God, as we continue our prayers.

For the special needs and concerns of this congregation, and especially for

Joan	Penny	Carol	Faicia	John
Richard	Peter	Lorraine	Eleanor	Terry
Shirley	Cece	Edith	Bob	Nathan
Wes	Deb	Kathryn	Jeff	Carole
Charles	Allison	Ruth	Daniel	Carrie
Dick	Elizabeth	Frank	Lynne	Linda
Rebecca	Katie	Jack	John	Johnlyn
Strater	Theodore	Julianne	Monica	John

Jim

Virginia

Chris

Bruce

For those celebrating the anniversary of their birth this week:

Ted Clark, Jane Peck, Robyn Saulsbury

Confession Of Sin

Let us confess our sins against God and our neighbor.

*Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

***The Peace**

Please remain in your pew. Wave!

The peace of the Lord be always with you.
And also with you.

Announcements & Welcome

Offertory Anthem Antiphon (from *Five Mystical Songs*) Ralph Vaughan Williams (1872-1958)

Let all the world in every corner sing,
My God and King.

My God and King.

The heavens are not too high,
His praise may thither fly,
The earth is not too low,
His praises there may grow,

The Church with Psalms must shout,
No door can keep them out
But above all, the heart
Must bear the longest part.

Let all the world in every corner sing,

Let all the world in every corner sing,
My God and King.

***Presentation Hymn** O Master let me walk with thee (*Maryton*)

Hymnal #660

***The Great Thanksgiving**

Expanded Language Prayer A

Celebrant: The Lord be with you.

People: And also with you

Celebrant: Lift up your hearts

People: We lift them to the Lord
Celebrant: Let us give thanks to the Lord our God.
People: It is right to give our thanks and praise.

Celebrant: *continuing:* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy (*Sanctus*)

Hymnal #S-128

Holy and gracious God: In your infinite love you made us for yourself; and when we had fallen into sin and became subject to evil and death, you, in your mercy, Sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, He gave it to them, and said "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come again.

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day, bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. **Amen.**

The Lord's Prayer

Fraction Anthem **Lamb of God** (*Agnus Dei*)

Hymnal #S-165

The Communion of the People

All people are invited to the Lord's Table.

Eucharist will be distributed in the center aisle. Please come forward in a single line to receive.

You may either intinct your wafer in the small chalice, or you may drink from the larger common chalice after consuming the wafer.

*Please replace your mask after receiving the sacrament.
Gluten-free wafers are available upon request.*

Communion Music I come with joy to meet my Lord (*Land of Rest*)

Hymnal #304

Post Communion Prayer

*Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.*

Blessing

***Recessional** Savior, again to thy dear (*Ellers*)

Hymnal #345

Dismissal

Postlude Church Bells beyond the Stars

Cecilia McDowall (b. 1951)

Acolyte:

Liturgical Ministers: Ceril Sandstrom, Michael Roman, Stephanie Nevels

Virtual Vergers Sara VanLooy, Amber Massa

St. John's extends a warm welcome to visitors!

May you experience the Lord's presence during worship. Please fill out a visitor card and place it in the offering plate and stay for coffee in the parish hall after the service.

LARGE PRINT EDITIONS OF THE SERVICE ARE AVAILABLE IN THE NARTHEX

Permission to podcast/stream the music in this service obtained from **One License** with license # **A – 724223**

Hymns 2 July 2023

Awake, my soul, and with the sun Hymnal #11

1 Awake, my soul, and with the sun
thy daily stage of duty run;
shake off dull sloth, and joyful rise
to pay thy morning sacrifice.

2 Lord, I my vows to thee renew;
disperse my sins as morning dew.
guard my first springs of thought and will,
and with thyself my spirit fill.

3 Direct, control, suggest, this day,
all I design, or do, or say;
that all my powers, with all their might,
in thy sole glory may unite.

4 Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

The God of Abraham praise Hymnal # 401

1 The God of Abraham praise,
who reigns enthroned above;
Ancient of everlasting days,
and God of love;
the Lord, the great I AM,
by earth and heaven confessed:
we bow and bless the sacred Name
for ever blest.

2 He by himself hath sworn:
we on his oath depend;
we shall, on eagles-wings upborne,
to heaven ascend:
we shall behold his face,
we shall his power adore,
and sing the wonders of his grace
for evermore.

3 There dwells the Lord, our King,
the Lord, our Righteousness,
triumphant o'er the world and sin,
the Prince of Peace;
on Zion's sacred height
his kingdom he maintains,

and, glorious with his saints in light,
for ever reigns.

4 The God who reigns on high
the great archangels sing,
and "Holy, holy, holy," cry,
"Almighty King!
Who was, and is, the same,
and evermore shall be:
eternal Father, great I AM,
we worship thee."

5 The whole triumphant host
give thanks to God on high;
"Hail, Father, Son, and Holy Ghost"
they ever cry;
hail, Abraham's Lord divine!
With heaven our songs we raise;
all might and majesty are thine,
and endless praise.

O Master, let me walk with thee Hymnal # 660

1 O Master, let me walk with thee
in lowly paths of service free;
tell me thy secret; help me bear
the strain of toil, the fret of care.

2 Help me the slow of heart to move
by some clear, winning word of love;
teach me the wayward feet to stay,
and guide them in the homeward way.

3 Teach me thy patience; still with thee
in closer, dearer company,
in work that keeps faith sweet and strong,
in trust that triumphs over wrong,

4 In hope that sends a shining ray
far down the future's broadening way,
in peace that only thou canst give,
with thee, O Master, let me live.

**I come with joy to meet my Lord
Hymnal #304**

1. I come with joy to meet my Lord,
forgiven, loved, and free,
in awe and wonder to recall
his life laid down for me.
2. I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.
3. As Christ breaks bread and bids us share,
each proud division ends.
The love that made us makes us one,
and strangers now are friends.
4. And thus with joy we meet our Lord.
His presence, always near,
is in such friendship better known:
we see and praise him here.
5. Together met, together bound,
we'll go our different ways
and as his people in the world
we'll live and speak his praise.

**Savior, again to thy dear Name we raise
Hymnal # 345**

- 1 Savior, again to thy dear Name we raise
with one accord our parting hymn of praise;
guard thou the lips from sin, the hearts from
shame,
that in this house have called upon thy Name.
- 2 Grant us thy peace upon our homeward way;
with thee began, with thee shall end the day;
from harm and danger keep thy children free,
for dark and light are both alike to thee.
- 3 Grant us thy peace throughout our earthly
life;
peace to thy Church from error and from strife;
peace to our land, the fruit of truth and love;
peace in each heart, thy Spirit from above:
- 4 thy peace in life, the balm of every pain;
thy peace in death, the hope to rise again;
then, when thy voice shall bid our conflict cease,
call us, O Lord, to thine eternal peace.



St. John's Church
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"Like" us on facebook @ Saint John's Episcopal Church
Office Hours Monday thru Thursday 10–3

The Rev. Megan Castellan, Rector

Gwen Freeman, Senior Warden
Parish Administrator, Cathy Wagner
Director of Music/Organist, Dr. Anna Stepler

Bev Way, Junior Warden
Chuck Merrill, Weekday Sexton

If you need pastoral assistance, or just want to reach out to Mtr. Megan, please call her at 315-757-0251, or e-mail mtrmegan@stjohnsithaca.org.

If you would like to contribute to our ministries, you may make a secure donation at <https://stjohnsithaca.org/donate/>. Thank you!

Sign up for our weekly newsletter [The Fledgling](#) by contacting the church office.

Please Join Us:

Coffee Hour has resumed in the Parish Hall following the service. Masks are optional.

Morning Prayer Monday – Thursday at 9:30 on Facebook and YouTube.

Forward Day by Day for **May, June, and July** is available on the table in the rear of the church.

Flowers: If you wish to give Sunday flowers in memory of a loved one, please call the church office (607-273-6532).

Today is Dr. Anna Stepler's last Sunday playing with us, as she is going forth back to her native UK for a junior research fellowship in music at Cambridge University. We are sad to see her go, but 'chuffed to bits' to see what marvelous things she accomplishes in the future.