

# The Fifth Sunday after Pentecost

## Proper 7

St. John's Episcopal Church, Ithaca NY

June 23, 2024 Year B

10:30 AM

\* Indicates please stand

**Prelude** Adagio, Toccata, Adagio and Fugue in C major, BWV 564 J. S. Bach (1685–1750)

**\*Processional Hymn** Thine arm, O Lord, in days of old (*St. Matthew*) **Hymnal #567**

**\*Opening Acclamation** **BCP 355**

**\*Collect For Purity**

**\*Gloria** **Hymnal #S-280**

### The Collect of the Day

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### The First Lesson

**1 Samuel 17:32–49**

David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." But David said to Saul, "Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God." David said, "The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine." So Saul said to David, "Go, and may the Lord be with you!" Saul clothed David with his armor; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armor, and he tried in vain to walk, for he was not used to them. Then David said to Saul, "I cannot walk with these; for I am not used to them." So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David by his gods. The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field." But David said to the Philistine, "You

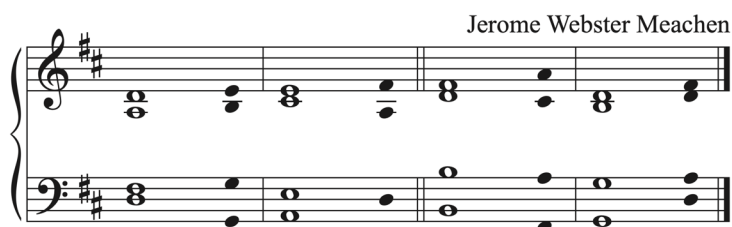
come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.”

When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

The Word of the Lord.  
*Thanks be to God.*

**Psalm 9:9–20**

*Confitebor tibi*



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| <p>9 The Lord will be a refuge for the oppressed, *<br/> a refuge in time of trouble.</p> <p>10 Those who know your Name will put their trust in you, *<br/> for you never forsake those who seek you, O Lord.</p> <p>11 Sing praise to the Lord who dwells in Zion; *<br/> proclaim to the peoples the things he has done.</p> <p>12 The Avenger of blood will remember them; *<br/> he will not forget the cry of the afflicted.</p> <p>13 Have pity on me, O Lord; *<br/> see the misery I suffer from those who hate me,<br/> O you who lift me up from the gate of death;</p> <p>14 So that I may tell of all your praises and rejoice in your salvation *<br/> in the gates of the city of Zion.</p> | <p>15 The ungodly have fallen into the pit they dug, *<br/> and in the snare they set is their own foot caught.</p> <p>16 The Lord is known by his acts of justice; *<br/> the wicked are trapped in the works of their own hands.</p> <p>17 The wicked shall be given over to the grave, *<br/> and also all the peoples that forget God.</p> <p>18 For the needy shall not always be forgotten, *<br/> and the hope of the poor shall not perish for ever.</p> <p>19 Rise up, O Lord, let not the ungodly have the upper hand; *<br/> let them be judged before you.</p> <p>20 Put fear upon them, O Lord; *<br/> let the ungodly know they are but mortal.</p> |
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## The Epistle Reading

2 Corinthians 6:1–13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,  
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

The Word of the Lord.  
*Thanks be to God.*

**\*Sequence** Spread, O spread, thou mighty word (*Gott sei Dank*)

Hymnal #530 vv. 1–2

## The Gospel Reading

Mark 4:35–41

The Holy Gospel of our Lord Jesus Christ according to Mark.

*Glory be to you, Lord Christ.*

When evening had come, Jesus said to his disciples, “Let us go across to the other side.” And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, “Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

The Gospel of the Lord.  
*Praise be to thee, O Christ.*

**\*Sequence** Spread, O spread, thou mighty word (*Gott sei Dank*)

Hymnal #530 v. 3

## The Sermon

The Rev. Kit Tobin

### \*The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,

begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin  
Mary,  
    and was made man.  
For our sake he was crucified under  
Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
he ascended into heaven  
    and is seated at the right hand of the  
Father.

He will come again in glory to judge the  
living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the  
Son.  
With the Father and the Son he is  
worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

### **\*The Prayers of the People**

Let us commend ourselves to God in every way as we offer our prayers and thanksgivings, responding to each petition by saying, "Lord, hear our prayer."

+ That we may be a community of service, joining with Jesus in reaching out to our neighbor, reflecting his saving and transforming ministry; let us pray to the Lord.

*Lord, hear our prayer.*

+ For Michael, our Presiding Bishop, and DeDe, Bishop of our diocese, that we may honor their episcopal and apostolic ministry and join with them in shepherding humanity to fields that yield a fruitful harvest for all people; let us pray to the Lord.

*Lord, hear our prayer.*

+ That peace may flow throughout the nations of the world, bringing freedom and opportunity to the oppressed of all nations; let us pray to the Lord.

*Lord, hear our prayer.*

+ That a holiness of spirit may prevail amongst the members of our churches, so that humility may override ambition and power, and the good of the common life be honored over the desire for personal gain; let us pray to the Lord.

*Lord, hear our prayer.*

+ For young people during these summer months, that through play and study, work and travel, their curiosity for life may be aroused, and a sense of wonderment spring forth from their hearts and minds; let us pray to the Lord.

*Lord, hear our prayer.*

+ For those who have given their life on the battlefield of war, that they and all the faithful departed, especially Jennie Graham, through the mercy of God, may rest in peace; let us pray to the Lord.

*Lord, hear our prayer.*

Oh God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths—Jews, Muslims, and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and making of peace, we also call to you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honor as your children, for to all of us you are our Heavenly Father. In Jesus' name we pray.

For the special needs and concerns of our congregation, and especially for:

Joan	Jim	Sarah	Michael	Ruth	Ann
Charles	Gerald	Avery	Susan	Jack	David
Wes	Cece	Nathan	Jeff	Lisa	Rosie-Lee
Virginia	Theodore	Jane	Mary Beth	Ira	Cheryl
Shirley	Lorraine	Chris	Jack	Jan	Isabella
Richard	Edith	Carole	Julianne	Nick	Shawn
Linda	Kathryn	Amelia	Chavon	Penny	Rebekah

For those celebrating the anniversary of their birth this week:

Jesse Richardson, Roy Ives, Mary Arlin, St. John Faulkner

### **Confession Of Sin**

Let us confess our sins against God and our neighbor.

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **\*The Peace**

*Please remain in your pew. Wave!*

The peace of the Lord be always with you.

*And also with you.*

### **Announcements & Welcome**

## Offertory Sentence

**Anthem** Lead me, Lord

Samuel Sebastian Wesley (1810–1876)

**\*Presentation Hymn** Lead us, heavenly Father (*Dulce carmen*)

**Hymnal #559**

**\*The Great Thanksgiving**

Expanded Language Prayer A

**Celebrant:** The Lord be with you.

**People:** And also with you

**Celebrant:** Lift up your hearts

**People:** We lift them to the Lord

**Celebrant:** Let us give thanks to the Lord our God.

**People:** It is right to give our thanks and praise.

**Celebrant:** *continuing:* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy** (*Sanctus*)

**Hymnal #S-129**

Holy and gracious God: In your infinite love you made us for yourself; and when we had fallen into sin and became subject to evil and death, you, in your mercy, Sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, Jesus took the cup of wine; and when he had given thanks, He gave it to them, and said “Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, we proclaim the mystery of faith:

**Christ has died**

**Christ is risen**

**Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ’s death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day, bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. **Amen.**

**The Lord’s Prayer**

**Fraction Anthem**    **Lamb of God** (*Agnus Dei*)

**Hymnal #S-161**

### **The Communion of the People**

*All people are invited to the Lord's Table.  
Eucharist will be distributed in the center aisle. Please come forward in a single line to receive.  
You may either intinct your wafer or you may drink from the common chalice after consuming the wafer.  
Gluten-free wafers are available upon request.*

**Communion Music**    New every morning is the love (*Kedron*)

**Hymnal #10**

### **Post Communion Prayer**

*Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.*

### **Blessing**

**\*Recessional**    From all that dwell below the skies (*Old 100th*)

**Hymnal #380**

### **Dismissal**

**Postlude**    Passacaglia in D minor, BuxWV 161

D. Buxtehude (1637–1707)

**Crucifer:** Alan Mata

**Acolyte:** Amber Massa

**Liturgical Ministers:** Jennifer Dowdell, Susan Backstrom, Gwen Freeman

**Virtual Vergers**    Sara VanLooy, Mike Roman

*The flowers on the altar are given to the Glory of God in loving memory of Alice Comstock by Richard Comstock  
This morning we welcome The Rev. Kit Tobin as our celebrant and guest preacher.*

**St. John's extends a warm welcome to visitors!**

**May you experience the Lord's presence during worship. Please fill out a visitor card and place it in the offering plate and stay for coffee in the parish hall after the service.**

**LARGE PRINT EDITIONS OF THE BOOK OF COMMON PRAYER ARE AVAILABLE  
IN THE NARTHEX**

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"Like" us on facebook @ Saint John's Episcopal Church  
**Office Hours** Monday thru Thursday 10–3

#### **Rector**

Beverly Way, Sr. Warden  
Ilze Lemesis, Parish Administrator  
Elisabeth Wang, Director of Music/Organist

Pamela Talbott, Jr. Warden  
Chuck Merrill, Weekday Sexton

If you need pastoral assistance, please call or text the Senior Warden at 607-232-4465.

If you would like to contribute to our ministries, you may make a secure donation at <https://stjohnsithaca.org/donate/>. Thank you!

Sign up for our weekly newsletter The Fledgling by contacting the church office.

**Forward Day by Day** for **May, June, and July** is available on the table in the rear of the church.

**Please Join Us** for Coffee Hour in the Parish Hall following the service. Masks are optional when you are not actively eating or drinking.

**Candles and Flowers:** If you wish to give candles or Sunday flowers in memory of a loved one, or to celebrate a special occasion, please call the church office (607-273-6532).

**Sunday, June 23rd 2–4 pm. Area Congregations Together (ACT) Annual Multi-Faith Meeting** “Getting to Know Your Neighbors” with multi-faith speakers, music, chanting, small group discussions, and food! Namgyal Monastery Institute of Buddhist Studies, 201 Tibet Drive, Ithaca, NY 14850. The service starts at His Holiness the Great 14<sup>th</sup> Dalai Lama Library and Learning Center, the first building on the grounds just off Rt. 96B, south of Ithaca College. For more information visit <https://hhdalailamalibrarylearningcenter.org>.

**Gaza.** This is an open invitation to meet on Sunday morning after the service to organize calling and letter writing regarding Gaza. Please ask Congress to call for an immediate and sustained ceasefire, for access to humanitarian assistance to end starvation and avert any further risk of famine, for the release of all hostages; for an end to all targeting of children and other civilians; and for a de-escalation of violence in the West Bank and East Jerusalem.



## The Fifth Sunday after Pentecost

### Proper 7

June 23, 2024 Year B

### Hymns

**Thine arm, O Lord, in days of old** (*St. Matthew*)

**Hymnal #567**

1 Thine arm, O Lord, in days of old  
was strong to heal and save;  
it triumphed o'er disease and death,  
o'er darkness and the grave.  
To thee they went, the blind, the deaf,  
the palsied, and the lame,  
the leper set apart and shunned,  
the sick with fevered frame.

2 And lo! thy touch brought life and health,  
gave hearing, strength, and sight;  
and youth renewed and frenzy calmed  
owned thee, the Lord of light:  
and now, O Lord, be near to bless,  
almighty as of yore,  
in crowded street, by restless couch,  
as by Gennesaret's shore.

3 Be thou our great deliverer still,  
thou Lord of life and death;  
restore and quicken, soothe and bless,  
with thine almighty breath:  
to hands that work and eyes that see,  
give wisdom's heavenly lore,  
that whole and sick, and weak and strong,  
may praise thee evermore.

**O spread, thou mighty word**  
(*Gott sei Dank*)

**Hymnal #530**

1 Spread, O spread,  
thou mighty word,  
spread the kingdom of the Lord,

that to earth's remotest bound  
all may heed the joyful sound:

2 word of how the Father's will  
made the world, and keeps it, still;  
how his only Son he gave,  
earth from sin and death to save;

3 word of how the Savior's love  
earth's sore burden doth remove;  
how forever, in its need,  
through his death the world is freed;

**\* Lead us, heavenly Father** (*Dulce carmen*)  
**Hymnal #559**

1 Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee,  
yet possessing every blessing,  
if our God our Father be.

2 Savior, breathe forgiveness o'er us;  
all our weakness thou dost know;  
thou didst tread this earth before us;  
thou didst feel its keenest woe;  
yet unfearing, persevering,  
to thy passion thou didst go.

3 Spirit of our God, descending,  
fill our hearts with heavenly joy;  
love with every passion blending  
pleasure that can never cloy;  
thus provided, pardoned, guided,  
nothing can our peace destroy.

**New every morning is the love  
(Kedron)  
Hymnal #10**

1 New every morning is the love  
our wakening and uprising prove;  
through sleep and darkness safely brought,  
restored to life and power and thought.

2 New mercies, each returning day,  
around us hover while we pray;  
new perils past, new sins forgiven,  
new thoughts of God, new hopes of heaven.

3 If on our daily course our mind  
be set to hallow all we find,  
new treasures still, of countless price,  
God will provide for sacrifice.

4 Old friends, old scenes, will lovelier be,  
as more of heaven in each we see;  
some softening gleam of love and prayer  
shall dawn on every cross and care.

5 The trivial round, the common task,  
will furnish all we ought to ask:  
room to deny ourselves; a road  
to bring us daily nearer God.

6 Only, O Lord, in thy dear love,  
fit us for perfect rest above;  
and help us, this and every day,  
to live more nearly as we pray.

**From all that dwell below the skies  
(Old 100th)  
Hymnal #380**

1 From all that dwell below the skies  
let the Creator's praise arise!  
Let the Redeemer's Name be sung  
through every land, by every tongue!

2 Etenal are thy mercies, Lord,  
and truth etenal is thy word:  
thy praise shall sound from shore to shore  
till suns shall rise and set no more.

3 Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost.