

# The Seventh Sunday After Pentecost

## Proper 9

St. John's Episcopal Church, Ithaca NY

7 July 2024 Year B

10:00 AM

\* indicates please stand

**Prelude** *Fugue* from Concerto in D Minor, BWV 596

Antonio Vivaldi (1678–1741)

Arr. J. S. Bach (1685–1750)

**\*Processional Hymn** Spread, O spread, thou mighty word (*Gott sei Dank*)

**Hymnal #530**

### \*Opening Sentence

*Officiant* Lord, open our lips

*People* And our mouth shall proclaim your praise

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*Officiant*

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.

### Confession

Let us confess our sins against God and our neighbor.

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

### \*The Invitation

*Officiant* Lord, open our lips.

*People* And our mouth shall proclaim your praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

## \*The Venite

Psalm 95:2–7

Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our  
salvation.  
Let us come before his presence with  
thanksgiving \*  
and raise a loud shout to him with psalms.  
For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

The sea is his, for he made it, \*  
and his hands have molded the dry land.  
Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture and the  
sheep of his hand. \*  
Oh, that today you would hearken to his  
voice!

## Psalm 48

*Magnus Dominus*

1 Great is the Lord, and highly to be praised; \*  
in the city of our God is his holy hill.  
2 Beautiful and lofty, the joy of all the earth, is  
the hill of Zion, \*  
the very center of the world and the city  
of the great King.  
3 God is in her citadels; \*  
he is known to be her sure refuge.  
4 Behold, the kings of the earth assembled \*  
and marched forward together.  
5 They looked and were astounded; \*  
they retreated and fled in terror.  
6 Trembling seized them there; \*  
they writhed like a woman in childbirth,  
like ships of the sea when the east wind  
shatters them.  
7 As we have heard, so have we seen,  
in the city of the Lord of hosts, in the city

of our God; \*  
God has established her for ever.  
8 We have waited in silence on your loving-  
kindness, O God, \*  
in the midst of your temple.  
9 Your praise, like your Name, O God,  
reaches to the world's end; \*  
your right hand is full of justice.  
10 Let Mount Zion be glad  
and the cities of Judah rejoice, \*  
because of your judgments.  
11 Make the circuit of Zion;  
walk round about her; \*  
count the number of her towers.  
12 Consider well her bulwarks;  
examine her strongholds; \*  
that you may tell those who come after.  
13 This God is our God for ever and ever; \*  
he shall be our guide for evermore.

## The First Lesson

2 Samuel 5:1–5, 9–10

All the tribes of Israel came to David at Hebron, and said, “Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel.” So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years.

David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inwards. And David became greater and greater, for the Lord, the God of hosts, was with him.

The Word of the Lord.

*Thanks be to God.*

**Canticle 13**

Glory to you, Lord God of our fathers; \*  
you are worthy of praise; glory to you.  
Glory to you for the radiance of your holy  
Name; \*  
we will praise you and highly exalt you for  
ever.  
Glory to you in the splendor of your temple; \*  
on the throne of your majesty, glory to you.

*Benedictus es, Domine*

Glory to you, seated between the Cherubim; \*  
we will praise you and highly exalt you for  
ever.  
Glory to you, beholding the depths; \*  
in the high vault of heaven, glory to you.  
Glory to you, Father, Son, and Holy Spirit; \*  
we will praise you and highly exalt you for  
ever.

**The Epistle Reading**

**2 Corinthians 12:2–10**

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The Word of the Lord.

*Thanks be to God.*

**Canticle 15**

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior; \*  
for he has looked with favor on his lowly  
servant.  
From this day all generations will call me  
blessed: \*  
the Almighty has done great things for me,  
and holy is his Name.  
He has mercy on those who fear him \*  
in every generation.  
He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.  
He has cast down the mighty from their

*Magnificat*

thrones, \*  
and has lifted up the lowly.  
He has filled the hungry with good things, \*  
and the rich he has sent away empty.  
He has come to the help of his servant Israel, \*  
for he has remembered his promise of  
mercy,  
The promise he made to our fathers, \*  
to Abraham and his children for ever.  
Glory to the Father, and to the Son, and to the  
Holy Spirit: \*  
as it was in the beginning, is now, and will be  
for ever. Amen.

## \*The Gospel Reading

Mark 6:1–13

The Holy Gospel of our Lord Jesus Christ according to Mark.

*Glory be to thee, O Lord.*

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

The Gospel of the Lord.

*Praise be to thee, O Christ.*

## The Sermon

Gwen Freeman

### \*Apostles' Creed

I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our  
Lord.  
He was conceived by the power of the Holy  
Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,

and is seated at the right hand of the  
Father.

He will come again to judge the living and  
the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.

*Officiant:* The Lord be with you.

*People:* And also with you.

*Officiant:* Let us pray.

### The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,

on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those

who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

### Suffrage A

**V.** Show us your mercy, O Lord;  
**R.** And grant us your salvation.  
**V.** Clothe your ministers with righteousness;  
**R.** Let your people sing with joy.  
**V.** Give peace, O Lord, in all the world;  
**R.** For only in you can we live in safety.  
**V.** Lord, keep this nation under your care;

**R.** And guide us in the way of justice and truth.  
**V.** Let your way be known upon earth;  
**R.** Your saving health among all nations.  
**V.** Let not the needy, O Lord, be forgotten;  
**R.** Nor the hope of the poor be taken away.  
**V.** Create in us clean hearts, O God;  
**R.** And sustain us with your Holy Spirit.

For the special needs and concerns of this congregation, and especially for

Joan	Jim	Avery	Jeff	Ira	Isabella
Charles	Gerald	Nathan	Mary Beth	Jan	Shawn
Wes	Cece	Jane	Jack	Nick	Rebekah
Virginia	Theodore	Chris	Julianne	Penny	Libby
Shirley	Lorraine	Carole	Chavon	Jennie	
Richard	Edith	Amelia	Ruth	Ann	
Linda	Kathryn	Michael	Jack	David	
	Sarah	Susan	Lisa	Cheryl	

For those celebrating the anniversary of their birth this week:

Robyn Saulsbury

### \*Collect of the Day

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### \*Collects

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. *Amen.*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

### \*The Peace

*Please remain in your pew. Wave!*

### Announcements & Welcome

## Offertory Sentence

**Anthem** If Ye Love Me

Thomas Tallis (1505–1585)

**\*Presentation Hymn** I sing the almighty power of God (*Forest Green*)

**Hymnal #398**

## **\*The General Thanksgiving**

*Officiant and People*

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

## **A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Let us bless the Lord.

*Thanks be to God.*

## **\*Dismissal**

**\*Recessional Hymn** Praise to the Lord, the Almighty (*Lobe den Herren*)

**Hymnal #390**

**Postlude** Variations on “Herr Jesu Christ, dich zu uns wend” (*Lord Jesus Christ, turn to us*)

Georg Böhm (1661–1733)

**Crucifer:** Chris Way

**Liturgical Ministers:** Cora Yao, Amber Massa, Sally Clayton

*Today we welcome Gwen Freeman as officiant and guest preacher.*

**St. John's extends a warm welcome to visitors!**

**May you experience the Lord's presence during worship. Please fill out a visitor card and place it in the offering plate and stay for coffee in the parish hall after the service.**

**LARGE PRINT EDITIONS OF THE BOOK OF COMMON PRAYER ARE AVAILABLE IN THE NARTHEX.**

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St. John's Church  
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Office email: [office@stjohnsithaca.org](mailto:office@stjohnsithaca.org)  
"Like" us on facebook @ Saint John's Episcopal Church  
**Office Hours** Monday thru Thursday 10–3

#### **Rector**

Beverly Way, Senior Warden  
Ilze Lemesis, Parish Administrator  
Elisabeth Wang, Director of Music/Organist

Pamela Talbott, Junior Warden  
Chuck Merrill, Weekday Sexton

If you need pastoral assistance, please or text the Senior Warden at 607-232-4465.

If you would like to contribute to our ministries, you may make a secure donation at <https://stjohnsithaca.org/donate/>. Thank you!

Sign up for our weekly newsletter The Fledgling by contacting the church office.

**Please Join Us** for Coffee Hour in the Parish Hall following the service. Masks are optional when you are not actively eating or drinking.

**Forward Day by Day** for **May, June, and July** is available on the table in the rear of the church.

**Flowers:** If you wish to give candles or Sunday flowers in memory of a loved one, please call the church office (607-273-6532).

# The Seventh Sunday After Pentecost

## Proper 9

7 July 2024 Year B

## Hymns

### **Spread, O spread, thou mighty word** *(Gott sei Dank)*

**Hymnal #530**

1 Spread, O spread,  
thou mighty word,  
spread the kingdom of the Lord,  
that to earth's remotest bound  
all may heed the joyful sound:

2 word of how the Father's will  
made the world, and keeps it, still;  
how his only Son he gave,  
earth from sin and death to save;

3 word of how the Savior's love  
earth's sore burden doth remove;  
how forever, in its need,  
through his death the world is freed;

### **I sing the almighty power of God** *(Forest Green)*

**Hymnal #398**

1 I sing the almighty power of God,  
that made the mountains rise,  
that spread the flowing seas abroad  
and built the lofty skies.  
I sing the wisdom that ordained  
the sun to rule the day;  
the moon shines full at his command,  
and all the stars obey.

2 I sing the goodness of the Lord,  
that filled the earth with food;  
he formed the creatures with his Word,  
and then pronounced them good.  
Lord, how thy wonders are displayed,  
where'er I turn my eye,  
if I survey the ground I tread,  
or gaze upon the sky!

3 There's not a plant or flower below,  
but makes thy glories known;  
and clouds arise, and tempests blow,  
by order from thy throne;  
while all that borrows life from thee  
is ever in thy care,  
and everywhere that I could be,  
thou, God, art present there.

### **Praise to the Lord, the Almighty** *(Lobe den Herren)*

**Hymnal #390**

1 Praise to the Lord, the Almighty, the King of  
creation;  
O my soul, praise Him, for he is thy health and  
salvation:  
Join the great throng,  
Psaltery, organ, and song,  
Sounding in glad adoration.

2 Praise to the Lord; over all things he gloriously  
reigneth:  
Borne as on eagle-wings, safely his saints he  
sustaineth.  
Hast thou not seen  
How all thou needest hath been  
Granted in what he ordaineth?

3 Praise to the Lord, who doth prosper thy way  
and defend thee;  
Surely his goodness and mercy shall ever attend  
thee;  
Ponder anew  
What the Almighty can do,  
Who with his love doth befriend thee.

4 Praise to the Lord! O let all that is in me adore  
him!  
All that hath breath come now with praises  
before him!  
Let the "Amen" sound from his people again  
gladly for ever adore him.